

California Tan Body Bronzing is a method in which to obtain the appearance of an attractive, healthy vibrant tan without exposure to UV rays.

The “California Tan Sunless” system is a method in which DHA (dihydroxyacetone, an FDA approved product) is applied to the body via the use of a commercial air compressor and airbrush. This system has built in moisturizers and skin protectants for 24/7 protection. This process is risk free for children, pregnant women and men too.

Body Bronzing occurs when DHA forms pigments when applied to the skin. The browning effect is when DHA reacts to the amino acids and other compounds in your skin. The DHA penetrates into the second layer of the skin, so there is no reaction with the blood stream. The maximum generation of color is reached after 20 hours, so the color will continue to darken after the initial application.

Should you moisturize your skin before you sunless tan?

- ❖ You should use a moisturizer regularly to keep your skin hydrated and healthy, which will contribute to a more even, natural-looking sunless tan. However, it is recommended that you do NOT apply moisturizers 4 hours prior to body bronzing and 6 hours after your sunless spray application. A moisturizer applied prior to your sunless spray application could interfere with the penetration of the spray solution into your skin. Any moisturizer applied immediately after your sunless spray application could cause streaking. When you do use a moisturizer, we recommend that you use *California Tan Sunless Extender*, which contains a light bronzer to accentuate and extend your sunless tanning results.

After getting body bronzed how long does it take to see results?

- ❖ Customers will see an immediate bronze appearance on their skin as a result of the cosmetic bronzers in the formula. The cosmetic bronzers provide only temporary color and will wash off in the first shower. The sunless tanning color that develops from the dihydroxyacetone (DHA) in the formula takes 3 to 5 hours to appear. For this reason, we recommend that customers wait at least 8 hours after application before they bathe or exercise. This will allow the DHA plenty of time to create a beautiful, natural-looking tan on the skin that will last for up to a week.

How many days will a sunless tan last on the skin?

- ❖ The tan created by the DHA affects only the top layer of the skin and will begin to fade after 4 to 5 days as the skin naturally begins to exfoliate. Some tan should remain on the skin for at least 7 days. To extend tanning results, we recommend using *California Tan Sunless Extender*, a moisturizing lotion enriched with light bronzer.

How frequently do you recommend I body bronze to maintain my tan?

- ❖ You body bronze as frequently as you like in order to achieve and maintain the level of color you desire.

After body bronzing how long do I have to wait before I shower?

- ❖ We generally recommend that you wait at least eight hours after body bronzing before you bathe to give the DHA plenty of time to set up on the skin and deliver beautiful tanned results.

After body bronzing how long should I shower before I go to bed?

- ❖ Although it is not recommended to bathe before going to bed, some people choose to bathe to minimize the risk of cosmetic bronzers rubbing off on their bed sheets. If cosmetic bronzers do transfer to bed sheets, it will come out in the wash.

Can I body bronze in addition to a regular tanning bed?

- ❖ Absolutely! In fact, the bronzing results are phenomenal over a nice base tan developed in a tanning bed. If a customer would like to tan in a regular tanning bed and body bronze during a single visit, we recommend that they tan in the tanning bed first then body bronze. They should NOT use a tanning lotion prior to body bronzing and they should use a towel to gently wipe away any excess perspiration after getting out of the tanning bed. If they don't take these precautions, or they use the tanning bed after their spray application, they run the risk of seeing streaky results.

Will the spray tan from the body bronze come off on my clothes?

- ❖ There is a chance that some of the cosmetic bronzer in the solution may rub off on clothing or bed sheets. This is most likely to happen when the customer dresses immediately after tanning. To minimize the chance of the bronzer transferring to clothing, we recommend that the Technician gently pat their skin dry with a towel before they get dressed. In addition, wearing loose-fitting and darker clothing will minimize the transfer. The cosmetic bronzer is water-soluble. Therefore, in most cases, the transferred color will come out of clothing in the wash.

Will the spray tan affect the color of my nails or my nail polish?

- ❖ The solution will not discolor nail polish. However, the solution can cause unnatural coloration of cuticles and around nails. Therefore, we recommend that you apply *California Tan Sunless Barrier Cream* to nails and cuticles prior to a body bronze application.

Will a sunless spray tan discolor my hair?

- ❖ Some salons may choose to provide hair caps to their customers to protect their hair. Although some customers may like this, it is not necessary. The solution will not penetrate the hair follicle and therefore will not discolor hair, including light blonde hair or salon-colored hair.

How often should I use the exfoliating Primer to prepare my skin for sunless tanning?

- ❖ The exfoliating *California Tan Primer* is gentle enough to use every day and should be used regularly prior to sunless tanning in order to smooth and prepare the skin. The very best time to use *Primer* is when you bathe immediately prior to your body bronze application. We recommend that you do not use *Primer* or exfoliate your skin for at least 48 hours AFTER your sunless spray session. When you do begin using the exfoliating *Primer* again after your sunless application, gently massage into the skin for even exfoliation and a natural fading of your sunless tan, similar to the fading experienced with a UV tan. For best results, and to make your tan last longer, we recommend that you apply *California Tan Sunless Extender* following your shower.

How do you use the exfoliating Primer and will it make my tan fade faster?

- ❖ For best results, wet your body in the shower and step away from the stream of water. Squeeze the Exfoliating *Primer* onto hands, a wet washcloth or a loofah and gently massage into your skin using circular motions. Rinse skin with water and follow with your regular cleansing regimen. Yes, if used within the first few days after a sunless tanning treatment. We recommend using the *Primer* prior to your sunless tanning session to remove dead skin cells and create a smooth, clean surface in preparation for sunless application. Once your sunless tan has developed and begins to fade, usually around day five of your body bronze, we recommend using the *Primer* to prevent uneven fading and/or to prepare the skin for your next sunless treatment.

Why is Moisture Wash better for my body bronze in than my regular soap or bath gel?

- ❖ *Moisture Wash* is more than just a cleansing gel it is a revolutionary sunless tan-extender. It is the only moisturizing, tan-extending body wash out on the market enriched with unique ingredients chosen to help preserve and prolong sunless tanning results. It is a gentle, pH-neutral cleanser that softens and conditions skin while it washes away impurities, plus helps protect skin proteins which are necessary in the reaction and color development of a sunless tan. Unlike most regular bar soaps and cleansers, *Moisture Wash* will not leave a residue or film on the skin, which can create a barrier for the reaction of sunless tanning ingredients when used prior to a sunless tanning treatment.

Can I use the California Tan Self Tanning Lotion or Spray to fill in tan lines?

- ❖ The *Self Tanning Lotion* and or *Spray* can be used to even out and fill in tan lines. It should be applied to the entire area with tan lines in a smooth, circular motion. Results should be apparent in 2 to 4 hours. This process should be repeated until tan lines are not longer obvious.

Will the Bronzing Powder make me break out?

- ❖ The Bronzing Powder is non-comedogenic and is therefore unlikely to make you break out.